My <u>SELF-TEST</u> is positive
– What do I have to do now?

Baden-Württemberg
MINISTERIUM FÜR SOZIALES, GESUNDHEIT UND INTEGRATION

Dear Citizen,

You have carried out what is known as a self-test (without being supervised by trained individuals) for the SARS-CoV-2 coronavirus and your test result was positive.

The following explains what you have to consider in the event of a positive test result.

1. Have your test result confirmed.

- Sometimes self-tests also show false positive results. If you have a positive result from a self-test, according to the Corona Quarantine Ordinance, you are therefore **obliged to have your result confirmed immediately by means of a rapid antigen test (or PCR test). With limited testing capacity, you should have a rapid antigen test carried out at a test center first.**

- According to the currently valid federal test regulations, you are entitled to have a confirmatory examination. This test is free of charge for you.

- Contact a test center to have your positive self-test result confirmed by a rapid antigen test first. You can find the contact details on the website of the Baden-Württemberg Association of Statutory Health Insurance Physicians at www.kvbawue.de/buerger/notfallpraxen/corona-anlaufstellen/corona-karte or by calling 116 117. You can find a list of participating pharmacies that provide tests on the website of the State Chamber of Pharmacies at www.lak-bw.de/service/patient/antigen-schnelltests. Local authorities also often list other test centers on their websites.

- Please notify the test center of your positive self-test result in advance.

- You may interrupt your voluntary quarantine at home to carry out the test. As such, you must observe the relevant applicable protective measures (social distancing, medical mouth and nose protection or FFP2 mask).

2. Go into quarantine.

- As far as possible, it is recommended that you voluntarily go into quarantine at home until you have the confirmatory test result and largely avoid contact with others.

- Your obligation to isolate does not apply until the point in time at which you have a positive rapid antigen test result (from the test center) or a positive PCR test result (depending on which test was carried out in your case).

- Wear a mask whenever you are in contact with other people in your household. Ventilate all the rooms in your home regularly. Avoid direct contact with other people in your household.

- Find out about the regulations that apply before you enter facilities such as nursing homes, hospitals or schools.

- If you develop symptoms, call your family doctor or the medical emergency service (116 117).

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3. Inform the members of your household.

- As a precautionary measure, let all the members of your household know that you have a positive self-test result and you are having a follow-up PCR test.

- Your positive self-test does not mean the members of your household are under any obligation to quarantine.

- The members of your household are only obliged to isolate from the point in time at which you have a positive PCR test result or a positive rapid antigen test result (not a self-test).

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4. Further information

You can find answers to further questions to do with testing and a positive rapid antigen test or PCR test for the SARS-CoV-2 coronavirus at:
https://sozialministerium.baden-wuerttemberg.de/de/gesundheit-pflege/gesundheitsschutz/infektionsschutz-hygiene/informationen-zu-coronavirus/testen/