

# I have done a self-test and it is positive – what should I do now?



Baden-Württemberg

MINISTERIUM FÜR SOZIALES, GESUNDHEIT UND INTEGRATION

Dear Sir or Madam,

You have carried out what is known as a self-test (without being supervised by trained personnel) for the SARS-CoV-2 coronavirus and your test proved to be positive.

The following explains what you should take account of in the event of a positive test result.

## 1. Have your test result confirmed.

- Sometimes self-tests also show false positive results. If your self-test has produced a positive result, in accordance with the CoronaVO isolation regulations, you are **obliged to have your result confirmed immediately by means of a more reliable PCR test**. If you fail to comply with this follow-up test obligation, you may be penalized with a fine.
- Contact a test center to have your positive self-test result confirmed by a PCR test. You can find the contact details on the website of the Association of Statutory Health Insurance Physicians in Baden-Württemberg at the following link: <https://www.kvbawue.de/buerger/notfallpraxen/corona-anlaufstellen/corona-karte/> or by calling 116 117. You can find a list of participating pharmacies that conduct rapid tests on the website of the State Chamber of Pharmacies at <https://www.lak-bw.de/service/patient/antigen-schnelltests.html>. Municipal authorities also often include lists of test centers on their websites.
- Please let the test center know of your positive self-test in advance.
- You can interrupt your voluntary home isolation to have the PCR test carried out. Please observe the appropriate protective measures (social distancing, medical mouth and nose protection) and avoid using public transport if possible.

## 2. Go into isolation.

- It is recommended that you voluntarily go into isolation at home and avoid contact with others as much as possible until you have the confirmatory PCR test result.
- You are obliged to isolate only from the point in time at which you have a positive PCR test result. And only then does a claim for compensation apply in accordance with § 56 Infection Protection Act (IfSG).
- Wear a mask when you are in contact with other people in your household. Ventilate all the rooms in your home regularly. Avoid direct contact with other people in your household.
- If you experience symptoms, call your general practitioner or the relevant emergency service.

### **3. Inform members of your household.**

- Avoid direct contact.
- If necessary, notify all members of your household as a precaution that you have a positive self-test result and you are having a follow-up PCR test done.
- Your positive self-test does not result in any obligations by your household members to isolate.
- Your household members are only obliged to isolate from the point in time at which you have a positive PCR test result or a positive result of a rapid antigen test carried out at a test center.

### **4. Further information.**

You can find answers to further questions at:

<https://www.baden-wuerttemberg.de/de/service/aktuelle-infos-zu-corona/fragen-und-antworten-rund-um-corona/faq-selbsttests/>

You can also obtain further information about how to proceed in the event of a positive result after a PCR test or a rapid antigen test conducted by trained third parties at the relevant test center.