

Information for nursing care patients and their family carers regarding the services of volunteer individual assistants

Get help in daily life from a volunteer individual assistant!

With this help, you can plan your days more easily and provide relief for your family members.

What support can a volunteer individual assistant provide

- **Help around the home:** Support with small domestic chores or with shopping.
- **A companion for appointments:** Help with visiting the doctor, public offices, or other important appointments.
- **Enjoy free time together:** Going for walks, conversation, sharing a coffee or game.
- **Relief for your relatives:** Support in managing daily nursing care responsibilities.



Important: Volunteer assistants do not undertake nursing care activities, such as bodily or medical care. They are not professional cleaners.

Who can receive this support?

- You require nursing care and have a recognised nursing care classification.
- You live in your own home and need support in daily life.

Who can provide this support?

- Neighbors or friends/acquaintances.
- People not related to you by two degrees or fewer, by blood or marriage, who are older than 16, who do not live in your household.

How is this support financed?

- The relief payments from the statutory nursing care insurance (€131/month) can be used for this.
- You can find the invoicing form, the confirmation form for the use of a volunteer individual assistant, and additional information on the website of the Ministry of Social Affairs, Health and Integration of Baden-Württemberg. You can also request information from your statutory nursing care or private health insurer.
- Submit the invoicing form together with the confirmation form for the use of a volunteer individual assistant to your statutory nursing care or private health insurer.
- Your statutory nursing care or private health insurer can answer any specific questions you might have regarding invoicing.

