

## Become a volunteer individual assistant!

Do your part to help improve the quality of life of nursing care patients,  
and provide relief for their families.

### Your potential tasks as a volunteer individual assistant

- Support nursing care patients in their homes.
- Accompany them to appointments.
- Help with shopping and domestic chores.
- Make the day pleasant, with walks, coffee or games, or cooking together.
- Support carers by helping organise day-to-day care tasks.



Important: You do not engage in any physical care duties.

### Prerequisites for your activities



- You are over 16 years of age.
- You are not related to the nursing care patient by two degrees or fewer, by blood or marriage.
- You do not live in the same household as the nursing care patient.
- You are not employed as a carer for the nursing care patient.
- You support no more than 2 nursing care patients at the same time.
- Your activity is purely voluntary – no commercial or professional care is permitted.
- Your activity as a volunteer individual assistant is confirmed by your signature. You can find the confirmation form for the use of a volunteer individual assistant, as well as additional information, on the website of the Ministry of Social Affairs, Health and Integration of Baden-Württemberg. You can also request information from the statutory nursing care or private health insurer or the nursing care patient you support.

### How is this support financed?

- The relief payments from the statutory nursing care insurance (€131/month) can be used, among other things, to pay for your services.
- The nursing care patient submits the confirmation form for a volunteer individual assistant—completed by you—together with their invoicing form.