



**Baden-Württemberg  
Ministerium für Soziales,  
Gesundheit und Integration**



# **Anti-discrimination counselling in Baden-Württemberg**



**Baden-Württemberg  
Antidiskriminierungsstelle**

## **Anti-Discrimination Agency of the State of Baden-Württemberg (LADS)**

The Anti-Discrimination Agency of the State of Baden-Württemberg (LADS) was set up in November 2018. It is part of the Ministry of Social Affairs, Health and Integration.

### **What the LADS does:**

- › We make plans on how we can prevent discrimination.
- › We work together with partners in Baden-Württemberg and Europe.
- › We are here for you. LADS helps you to find an anti-discrimination counselling centre in your area.

### **Contact:**

If you have experienced discrimination or have questions about the work that LADS does, you are welcome to call or e-mail us.



+49 (0)711 123-3990



[lads@sm.bwl.de](mailto:lads@sm.bwl.de)



[www.lads-bw.de](http://www.lads-bw.de)

## **Anti-discrimination counselling in Baden-Württemberg**

The anti-discrimination counselling centres help people who are affected by discrimination.

### **People can be discriminated against because of certain characteristics, including:**

- › Physical characteristics, for example appearance
- › Race
- › Religion
- › Poverty
- › Illness or disability
- › Gender
- › Sexual orientation
- › Age

If you are being discriminated against for one of these reasons, anti-discrimination counselling can support you.





### **What happens at counselling?**

The counsellors listen to you. Everything that you tell them in counselling is treated as confidential. If you wish, you can also remain anonymous during counselling.

You will not be doubted. The counsellors are on your side and will take your concerns seriously.

The counsellors will tell you about the laws in place in Germany to protect people against discrimination. They will work with you to create a plan for how you can protect yourself against discrimination.

## **Are the counselling centres accessible to people with disabilities?**

Many anti-discrimination offices are accessible. In places where offices are not accessible for those with disabilities, the counselling can also take place at another venue.

If you will be attending counselling with a wheelchair or walker, or bringing a chaperone or assistance dog, please notify the office in advance. Please also inform them before the appointment if you need to communicate in sign language.

It is important that you feel comfortable during counselling. Please tell the counsellors in the anti-discrimination office if you have any concerns or requests. They will take them into account in order to make the counselling experience as pleasant as possible for you.

## **Which languages are available for counselling?**

In most cases, the counsellors at the anti-discrimination offices know various languages. They also work with interpreters.

Please inform them before your appointment if you wish for your session to be in another language. Often, you will be able to receive advice in your desired language, or an interpreter will translate for you. Counselling in sign language is also possible.

## **Anti-discrimination counselling in Baden-Württemberg**

There are several counselling centres in Baden-Württemberg. The Anti-Discrimination Agency of the State of Baden-Württemberg can help you to find a counselling centre in your area.

### **Böblingen**

☎ +49 (0)7031 7149010  
✉ [beratung@lkbb-ads.de](mailto:beratung@lkbb-ads.de)  
📄 [www.lkbb-ads.de](http://www.lkbb-ads.de)

### **Esslingen**

☎ +49 (0)157 51120404  
✉ [beratung@ad-es.de](mailto:beratung@ad-es.de)  
📄 [www.ad-es.de](http://www.ad-es.de)

### **Freiburg**

☎ +49 (0)761 2962587  
✉ [adbuerofr@profamilia.de](mailto:adbuerofr@profamilia.de)  
📄 [www.adbuerofr.de](http://www.adbuerofr.de)

### **Heidelberg**

☎ +49 (0)179 1019153  
✉ [adb@mosaik-deutschland.de](mailto:adb@mosaik-deutschland.de)  
📄 [www.mosaik-deutschland.de](http://www.mosaik-deutschland.de)

### **Heilbronn**

☎ +49 (0)7131 2718777  
✉ [adi@skjr-hn.de](mailto:adi@skjr-hn.de)  
📄 [www.adi-hn.de](http://www.adi-hn.de)

### **Karlsruhe**

☎ +49 (0)721 38311932  
✉ [ads@stja.de](mailto:ads@stja.de)  
📄 [www.antidiskriminierung-ka.de](http://www.antidiskriminierung-ka.de)

### **Konstanz**

☎ +49 (0)7531 9219605  
✉ [info@adib-kn.de](mailto:info@adib-kn.de)  
📄 [www.adib-kn.de](http://www.adib-kn.de)

### **Mannheim**

☎ +49 (0)621 43689610  
✉ [beratung@adb-mannheim.de](mailto:beratung@adb-mannheim.de)  
📄 [www.adb-mannheim.de](http://www.adb-mannheim.de)

### **Stuttgart**

☎ +49 (0)711 2372682  
✉ [beratung@bfdade.de](mailto:beratung@bfdade.de)  
📄 [www.bfda.de](http://www.bfda.de)

### **Tübingen/Reutlingen**

☎ +49 (0)7071 14310410  
✉ [beratung@adis-ev.de](mailto:beratung@adis-ev.de)  
📄 [www.adis-ev.de](http://www.adis-ev.de)

### **Zollernalbkreis**

☎ +49 (0)160 2019599  
✉ [info@adiz-ev.de](mailto:info@adiz-ev.de)  
📄 [www.adiz-ev.de](http://www.adiz-ev.de)



## **No counselling centre in your area?**

If there is no counselling centre in your area,  
you can contact the statewide counselling centre.

## **Überregionale Beratungsstelle gegen Diskriminierung**

☎ +49 (0)7071 14310410

✉ [beratung@adis-ev.de](mailto:beratung@adis-ev.de)

🌐 [www.adis-online.com](http://www.adis-online.com)



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Ministerium für Soziales,  
Gesundheit und Integration**

**STARK**

**GEGEN**

**DISKRIMINIERUNG**

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Antidiskriminierungsstelle**